



## **McDonald's Olympic Champion Kids**

### **EMILY BULTEN**

Emily Bulten recently completed Grade 5 at Silver Heights Public School in Cambridge, Ontario. As a dynamic 11-year-old, Emily achieves great marks at school, excels in many sports and participates in numerous extracurricular activities.

Even at her young age, Emily demonstrates a commitment to fitness and to leading a balanced, active lifestyle. At school, Emily's love of sport is highlighted by her participation in a variety of athletic activities, including handball and floor hockey.

In the past, Emily has taken part in soccer, dance and swimming. She has also been part of the Cambridge Kips Gymnastic Club for the past seven years, where she trains five days a week in rhythmic gymnastics.

Emily showcases her leadership abilities by acting as her Phys-Ed teacher's "right hand" during class activities and in her role as squad leader. These positions often require Emily to lead group warm-ups and stretches, assist with timing and recording her classmates' achievements in the *Go Active!* Fitness Challenge.

As one of two McDonald's Champion Kids from Canada, Emily is looking forward to the 2008 Olympic Summer Games where she will experience the Games unlike any other spectator. While in Beijing, Emily will have the opportunity to meet athletes, visit cultural sites, participate in an exclusive tour of the Athletes Village and interact with other kids from around the globe.